

Product Review: Girls4Sport ThermaGuard Top

Contributed by Stand Up Paddle Surfing Magazine
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Remember going out to stand up paddle and surf on a beautiful spring morning – clean waves stretching from left to right, the air crisp with a slight bite to it, and the sun shining bright? It’s too warm to wear your wet suit top so you go out in just your regular swimwear. Then just twenty minutes into your epic surf session, you start to shiver. You catch a few more waves before your lips are blue and you can’t control your shaking. You’re just too cold to continue.

This has happened to me too many times to admit. I am one of those skinny girls who freeze in 60 degree weather. That’s why when I heard of Girls4Sport’s short sleeve Thermaguard , I was excited to put it to the test. I wore it the first day of real spring waves here on the North Shore of Oahu, when the air was still nippy, but too warm that I knew I would roast in my winter wet suit top. Although the short sleeve Thermaguard is thin like a regular rash guard top, it is made to keep you warm. On this spring day, I slipped into the water and surfed for an hour and a half – no longer being forced by shivers to come in early!

Awesome.

As far as the construction, I enjoy the higher neck design. It is loose and not constricting, and it offers a bit more warmth while preventing water from coming inside. The hem on the bottom is lower on the front and back, with a higher cut along the sides (think baseball uniform cut). Girls4Sport also have a long sleeve Thermaguard, which I would imagine would be ideal in fall days when the water and air is even colder than the spring.

I’ve now worn the Girls4Sport short sleeve Thermaguard throughout the spring season and it’s paid for itself over and over again in wave count that I would not have been able to catch without it!

Order and information at www.girls4sport.net .

Review by Heidi. Stand up paddle surfer and stand up paddle instructor in Hawaii at Rainbow Watersports.